





Application Erasmus+ Traineeship Grant

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Student info	ormatio	on				
First name			Last name			
Personal identity number ¹			Nationality			
Street address and street number			Postal code			
City			Country			
E-mail			Telephone number			
Study programme						
Gender	Male □	Female □	Are you currently registered on a course within the study programme in ladok?		e _{YES □}	NO □
Have you applied received your deg diploma?		YES 🗆 NO 🗆	Have you previously participated in Erasmus+?		YES 🗆	NO □
If YES, on which s did you participate Erasmus+?		Bachelor □ Master □ Doctorate □	If YES, studies and/ or traineeship?		Studies □	Traineeship □
If YES, how many months in total?			Have you previously lived in the traineeship country during a period of 5 months or longer?		YES 🗆	NO □
Receiving o	rganis	ation information				
Name of the recei	ving					
Street address and street number				Postal code		
City				Country		
Website of the receiving organisation				Contact person name:		
Contact person e-mail:			Contact person phone number:			
If applicable: The	ponent mu virtual con	S ast last between 5-30 days on the place before the sand optional for long tr	ore, during and/or		lity. A virtual c	omponent is
Starting date phys mobility (YYYY-M			Ending date physical mobility (YYYY-MM-DD)			
If applicable: Starting date virtual component (YYYY-MM-DD)			If applicable: Ending date virtual component (YYYY-MM-DD)			
Number of working per week	g hours		Will you be living in the traineeship country during the entire physical mobility of the traineeship?		YES 🗆	NO □
Main working lang	juage		Additional working language			
Is the main workin language your nat language?		YES □ NO □	Will you receive other funding from the EU during the traineeship?		YES 🗆	NO 🗆

Senast uppdaterat: 2025-02-27

 $^{^{\}scriptsize 1}\,$ If you do not have a personal identity number, please add your T-number instead.

The Erasmus+ traineeship may be carried out in three different ways. What kind of traineeship are you applying for?					
☐ 1: traineeship embedded in the curriculum (part of your study programme, counting towards the degree).					ree).
☐ 2: voluntary traineeship (outside the study programme).					
☐ 3: recent gradu	☐ 3: recent graduate (taking place after the study programme).				
For recent graduate traineeship: Are you currently studying the last semester of your programme? YES NO					
For recent graduate traineeship: One of the requirements is that the student should apply for the degree diplo as soon as possible once the study programme has finished. Do you intend to apply for the diploma as soon as possible?			YES 🗆 1	NO 🗆	
A					
Are you plan	ning to do the traineeship with a	a cou	rse?		
☐ Yes, with a cou	rse that is included in my study programme (ma	andator	y for option	on 1)	
☐ Yes, with a frees	☐ Yes, with a freestanding course not included in my study programme (for option 2 and 3)				
☐ No, I will do a n	☐ No, I will do a non-credit traineeship (for option 2 and 3)				
If yes, please	e provide the following informati	ion			
Name of the course					
Name of the course coordinator		Ladok o	code		
Starting date of the course in ladok		_	date of the in ladok		
Note! Being accepted for an Erasmus+ traineeship does not equal being admitted and/or registered to the course. It is the student's responsibility to register to the course in ladok. Only students registered to the course who pass the examinations may receive credits.					
Describe thor	oughly the main tasks during the p	hysic	al mobi	lity of the traine	eship

	If applicable: describe thoroughly the main tasks of the virtual component of the traineeship.					
	•					
J						
	Is the traineeship in	digital skills*?				
	YES □ NO □					
fo ar sy in	llowing activities: digital marketir chitectural design; development stems and networks; cybersecu	y traineeship where trainees receive tr ng (e.g. social media management, we of apps, software, scripts, or websites rity; data analytics, mining and visualis customer support, order fulfilment, data	b analytics); digital graphical; ; installation, maintenance a sation; programming and trai	l, mechanical or nd management of IT ning of robots and artificial		
	Describe in which way the traineeship is relevant to your study programme and your future professional life.					
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	Travel grant					
	Participants may apply for funding for extra travel days to/from the traineeship destination.					
	Max 1 travel day per direction for non-green travel.					
	Max 3 travel days per direction for green travel, i.e. the main means of transport <u>both to and from</u> the host organisation is made by train, bus, car-pooling or other sustainable transportation. It is <u>not</u> enough to travel green in only one direction to qualify for green travel. Supporting documents will need to be sent in after the travel has taken place.					
	Travel done on the same day(s) as the traineeship does not count as extra travel day(s).					
	Examples: If your traineeship ends on a Friday and you					
	 travel back to Sweden on that same Friday, you do not need any extra travel days. Pick "0 days" below. begin your travel to Sweden on that same Friday and arrive on Saturday, you need one travel day. Pick "1 day" below. travel back to Sweden with green travel during Saturday and Sunday, you need two travel days. Pick "2 days" below. 					
	Which will be your main means of transport to and from the host destination?	s of transport to and Train \square Bus \square Shared car (at least 2 people in the car) \square Plane \square				
		0 days □		0 days □		
	Number of extra days for travel needed to the	1 day □ 2 days □ (only green travel)	Number of extra days for travel needed from the	1 day □		
	destination:	2 days □ (only green travel)	destination:	2 days □ (only green travel)		

Letter of Intent

In order for the application to be complete you need to hand in a signed Letter of Intent from the receiving organisation.					
intent from the receiving	g organisation.				
I confirm that I have attached a Letter	r of Intent to my application.	YES NO			
If no, explain why:					
Agreement and sign	nature				
Student					
By signing the application	on form, I confirm t	hat			
I understand that in order to be eligible for additional travel grant for green travel, supporting documents proving that the main means of transport is an environmentally friendly one have to be sent in after the travel has taken place.					
I understand that "student UT" (the student group insurance) only applies to direct travel between Sweden and the traineeship country. If I do not travel as directly as possible to the traineeship country, I need to review my insurance coverage to make sure I have a private insurance that is valid during the trip to and/or from the traineeship country.					
I understand that if I belong to the group "students with children" and/or "students with long-term (at least 6 months) or permanent disability" and want to receive a top-up, supporting documents must be submitted in person or by post for the application to be considered complete.					
the information provided in this form is correct.					
Place, date and student's signature					
Supporting person					
By signing the application form, I confirm that					
I support this application and confirm that the traineeship is suitable for the student's study programme and (if applicable) the course.					
Name					
Position (e.g. Assistant Head of Department, Programme Coordinator etc.)					
Place, date and supporting person signature					

If the application is accepted

If the application is accepted, the student will receive more information on what to do before, during and after the traineeship in order to receive the grant and participate in Erasmus+.

Privacy Notice

Personal data that you provide about yourself in the form and during the mobility process will be processed by the university for the purpose of decision-making, documenting, administrating and following up the mobility. The personal data will be kept and erased according to applicable statutory regulations and disposal decisions. The University of Borås is the controller of the processing of personal data, with a legal basis for the processing in article 6.1 (b) (e) and article 9.2 (g) of the General Data Protection Regulation as well as chapter 3 § 3 para. 2 of the Swedish Data Protection Act.

The personal data will be made available to the Swedish Council for Higher Education and the European Commission for their independent processing of the data for the purpose of implementing and following up the mobility. You can read the European Commission's privacy statement here: https://webgate.ec.europa.eu/erasmus-esc/index/privacy-statement

Read more about how the University of Borås processes your personal data and what rights you have at the university's website, hb.se/privacy.