



F ormulate di R ect A dvance ai M

FRAM is a workshop for research teams aimed at formulating goals, strategies, and action plans in order to develop the group's research. At the workshop, opportunities to strengthen the group's resources, both in the short and in the long term, are presented and discussed. **FRAM** is facilitated by advisors from Grants and Innovation Office who, together with the group, identify existing assets such as networks, knowledge, and driving forces as well as define challenges and formulate goals.

WHO IS **FRAM** SUITED FOR?

Research teams of 2-6 people who:

- have worked or want to work together with research
- mainly consists of researchers with a doctoral degree who may apply for research funding
- have an ambition to 'take the next step', start something new, or develop even further

FORMAT

FRAM is divided into two meeting sessions, two hour each. It is important that the entire group can participate both times. The first meeting is to formulate assets and goals, and the outcome then forms the basis of an analysis.

At the second meeting the analysis is presented, which is then to be developed in dialogue with the group.

Advisors are available as support partners and sounding boards during the group's use of action plans as a tool in their ongoing research work. The entire group is scheduled for a follow-up after 4-6 months.

RESULTS

Self-awareness: After the workshop, the group will have a better knowledge of their common strengths and better insights into the group's collective knowledge, ambitions, and visions.

Documentation: Writing things down reveals both strengths as well as gaps that may be need to be filled. At the workshop, networks, resources, and aims are documented.

Plan: An action plan is developed with concrete suggestions of how the group can achieve its goals. The plan contains development needs with appropriate funding and strategies for strengthening the conditions for the group's research.

Support: Experienced research and innovation advisors give advice and support and are there for you during the planning and implementation

Times and notification of interest here:
hb.se/gio/fram



UNIVERSITY OF BORÅS